

Sidee loo fogeeyaa Daawada Guryaha iyo Tan Dadka Ciidamada Horay Uga Tirsanaa

Waxa aad uga hortegi kartaa dhaawac, xanuun ama wasqoowga hawada dhawr talaabo oo aad qaado maarka aad fogeyneyso cirbadaha iyo waxyaabaha caafimaadka loo isticmaalo ee gurigaaga iyo xerada xayawaanka.

Raac tilmaamahan si aad u xaqiijiso in aad si wanaagsan aad qashinka u racisay, ama aad gaarsiisay shaqaalaha dib u warshadeeya.

CIRBADHA, KUWA LAISLU DURO IYO
CIRBADHA SOKOROOWGA

MUHIM: Cirbadaha, Cirbadaha la isku duro, iyo kuwa sokoroowga **waa in aadan raacin qashinka guriga ama midka dib loo warshadeeyo. Raac talaabooyinkan:**

- Ha goyn caaradda hore ee cirbadaha haddii aadan heysan meel aad ku fogeyso ka dib marka aad caaradda hore goyso.
 - Ku ururi cirbadaha, kuwa la isku duro iyo cirbadaha sokoroowga bac adag ama weel bir ka sameysan oo madaxa laga xiri karo sida caagaga saabuunta ama bacda qaxwaha lagu keeno.
- Madaxa kaga xir sharooto adag.**
Calaamad ku qor weelka aad ku urursiay:
Home Sharps-NOT FOR RECYCLING.
- Keen weelka aad ku ururisay oo dusha ka xiran **Xarunta Lagu Fogeyyo Qashinka ee Degmada Rice.**



FAASHADA, GO'YAASHA IYO GACMO GASHIGA



Faashadaha, go'yaasha la fogeynayo, iyo gacmo gashiga waa bac lagu xiraa ka hor int aan qashinka la raacin.

Su'aalo?
Fadlan
soo wac
↓



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Healthy Community Initiative

(507) 332-6833

Waaxda Adeegga Degaanka ee Degmada Rice
3800 East 145th Street, Dundas, MN 55019



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